

# SUMMER @ MHC

## PROGRAMS FOR TEENS

### 2014



MEDICINE HAT  
COLLEGE

CONTINUING STUDIES

**Let us inspire you!**

## TO INSPIRE SCIENCE...

### HUMAN PHYSIOLOGY - HOW THE BODY WORKS

Ages 14+. If you are interested in science, or pursuing a career in science then this is the camp for you! Join Dr. Alannah Maurer and work in the MHC science labs to do dissections, learn about sensory physiology, and take a microscopic look at the human body. Use the latest equipment to learn about the respiratory, cardiovascular and neuromuscular systems in your body all while learning skills that will help you in any future science studies. Max: 10 participants.

**Course ID: SS 0092**

A: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm - 5 days, \$259; L154  
B: Tue-Fri, Aug 5-8 9:00am-12:00pm - 4 days, \$249; L154

## TO INSPIRE TRADES...

### INTRO TO TRADES

Ages 13-17. Are you interested in the Trades, or maybe you are just curious. This hands-on program will allow you to explore many areas of the trades. In one week, you will be doing projects based on carpentry, automotive/mechanical, pipefitting, electrical and welding! Some of the projects you will get to take home and others will increase your knowledge and experience. This fun and interactive program will provide you with the opportunity to learn and discover future interests and careers in the demanding field of Trades. Learn from the best! \*\*Campers are required to wear long pants (shorts, capri pants are not permitted) and closed-toed shoes (no sandals or open-toed shoes). Coveralls or clothes that can get dirty are recommended. Campers with long hair should ensure they bring hair elastics in order to tie back their hair. Instructors: MHC Trades department faculty instructors.

**Course ID: SS 0147**

Mon-Fri, July 14-18, 9:00am-12:00pm, \$279; T144

## TO INSPIRE CULINARY ARTS...

### COOKING WITH CLASS

Ages 13+. This cooking camp is a totally interactive and "hands-on" experience that has been designed to get you comfortable in the kitchen, try new foods and most of all inspire kitchen creativity. Join Master Chef Tim Schorno and learn to make the dishes from scratch and about the different uses of utensils, kitchen safety and hygiene, how to follow a recipe, improvise with spices and seasonings and much more. You will enjoy the dishes you make at the end of each class, and have the recipes to remake them at home. This program will equip you with the skills to make meals from scratch and select the ingredients that you need to make healthy choices and tasty food for the whole family. Instructor: Tim Schorno

**Course ID: SS 0125**

A: Mon-Fri, July 7-11, 1:00pm-4:00pm - 5 days, \$159; E160/161  
B: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$149; E160/161  
C: Tue-Fri, Aug 5-8, 1:00pm-4:00pm - 4 days, \$149; E160/161  
D: Mon-Fri, Aug 18-22, 1:00pm-4:00pm - 5 days, \$159; E160/161

Cover design by Darin Clisby, Madchen Media

# TO INSPIRE MULTIMEDIA AND DESIGN...

## MAKE A DOCUMENTARY FILM WITH YOUR IPHONE!

Ages 13+. Did you know that the iPhone has been used to make professional full length feature films? This week, you will get to plan, shoot and edit your own short video documentary. Over the course of the week you will learn and practice the basic language and craft of videography and sound recording. Once you have completed shooting all your material we will head to a state-of-the-art Mac computer lab for post-production. The software is intuitive and easy to learn. This one week camp will serve as a good introduction to film making and open your eyes to the story telling possibilities built into your iPhone. On the last day you will publish your short video on the internet, via Vimeo.com. Please bring your iPhone, charger, and cable(s).  
Instructor: Rory Mahony

**Course ID: SS 0146**

*Mon-Fri, July 7-11, 1:00pm-4:00pm, \$259; B227*

## DOCUMENTARY VIDEO FOR TEENS

Ages 13+. Have you ever wanted to make your own documentary video but did not know how to get started? This week, you will get to make your own documentary, and upload the finished video to the Internet! Together we will craft our documentary story lines, learn and practice the basic language and craft of videography and sound recording. Once you have completed shooting all your material we will head to a state-of-the-art Mac computer lab to begin post-production. The video editing software is Final Cut Pro X, for our sound tracks we shall use the amazing GarageBand. Before you know it, you will have created your own documentary that you will distribute via Vimeo.com. We have all the camera and sound gear, however if you own your own HD video capable DSLR you may certainly bring that to class. Instructor: Rory Mahony

**Course ID: SS 0145**

*Mon-Fri, July 14-18, 9:00am-4:00pm, \$389; B227*

# TO INSPIRE MUSIC...

## BAND CAMP

Ages: 12-Adult. Led by some of Medicine Hat's best instrumentalists, this camp will provide participants with a thrilling and skill building band experience. Participants will rehearse and explore band repertoire in both full and sectional settings culminating in a public concert. Guest conductor is Bill Wahl, Conductor and Musical Director of The Medicine Hat Concert Band Society. Participants should have at least two years of experience on a wind or percussion instrument.

**Course ID: SS 0220**

*Tue-Fri, Aug 5-8, 9:00am-12:00pm, \$179 + GST; Cultural Centre, Craft Photo Studio*

# INSPIRATION...

Continuing Studies would like to thank and acknowledge the Medicine Hat College Faculty and Professional Instructors that are teaching many of the Teen Programs this summer! Please visit our website to learn more about these inspiring teachers.

# OTHER TEEN CAMPS...

## LEAVE YOUR MARK IN THE PARK

This week will begin by learning and discovering what an installation actually is, then we will go for a walk to the park and talk about where ideas could stem from; bringing a camera to take photos of potential locations of where our installations could be created. The art can either have a deeper meaning/purpose, or simply be. The public will have an opportunity to "become" a part of the art and "enter our museum" as they are enjoying their time in the park. We will talk about what we want our "mark" on the world to be, what our values and hopes and dreams are for the future, how that might incorporate into the piece we chose to build.

Installation art describes an artistic genre of three-dimensional works that are often site-specific and designed to transform the perception of a space. Generally, the term is applied to interior spaces, whereas exterior interventions are often called Land art; however, the boundaries between these terms overlap. Instructor: Randi Hoffman

**Junior: Ages 13&14**

**Course ID: SS 0124**

A: Mon-Fri, July 21-25, 9:00am-4:00pm, \$239; E171/172

B: Mon-Fri, Aug 25-29, 9:00am-4:00pm, \$239 E149

**Senior: Ages 15-17**

**Course ID: SS 0128**

A: Mon-Fri, July 7-11, 9:00am-4:00pm, \$239; E149

B: Mon-Fri, Aug 11-15, 9:00am-4:00pm, \$239; E177

## BIO: BRING IT ON!

Ages 13+. Bring on Fitness! Bring on Nutrition! Bring on Knowledge! Bring on Health! This week is filled with healthy cooking, fitness and learning about nutrition. You will also be amazed to find out how much sugar is in that "froyo" you love and so much more! During this week, it is all about building a healthier and happier 'you'. Instructor: Amanda McGarry

**Course ID: SS 0126**

Mon-Fri, July 7-11, 9:00am-12:00pm, \$129; E160/161

## X-TREME SURVIVOR

Ages 13+. Outwit, Outplay, Outlast! Modelled from the TV show, you will be put into tribes (teams) and facing challenges like no other. There will be scavenger hunts, obstacle courses, and mental challenges. Each day there will be Tribal Council; do you have what it takes? The tasks will be tougher and the challenges longer. Survivors ready... GO! Instructor: Amanda McGarry

**Course ID: SS 0127**



# DRIVER'S EDGE DRIVER TRAINING

Approved and Accredited. Class 5 driving instruction. Learning to drive or having a child learn to drive can be a stressful event. It doesn't have to be! With innovative and interactive classroom instruction, students have fun while learning. Our mission statement is to provide training tailored to the individual in a safe and caring environment. The success of our teaching method is reflected by our high pass rates on the road test. Rest easy knowing Driver's EDge is government-approved and accredited by Alberta Transportation, with insurance discounts available. Driver's EDge is a member in good standing of the Medicine Hat Chamber of Commerce. Learning to drive is fun – sign up and see for yourself! Refresher lessons, vehicle rental for road tests, and comprehensive learning packages are available. For more information or to book a driving time, call 403.526.9505.

## BASIC EDGE BEGINNER'S PACKAGE

- 17 hours of innovative classroom instruction
- 10 hours of one-on-one, in-vehicle instruction
- Road test booking (fee is extra and payable to license agency)

**Course ID: FC 0320**

- E: Mon-Fri, May 12-16, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$710; B356
- F: Mon-Fri, June 9-13, 5:15 pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$710; B356
- G: Mon-Wed, July 7-9, 10:00 am-4:30pm (exc Wed, 11:00am-4:30pm), \$710; B356
- H: Mon-Thu, July 7-10, 5:00 pm-9:30pm, \$710; B356
- I: Tue-Thu, Aug 5-7, 11:00am-5:30pm (exc Thurs, 11:00am-4:30pm), \$710; B356
- J: Mon-Fri, Sep 8-12, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$710; TBA
- K: Mon-Fri, Oct 6-10, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$710; TBA
- L: Mon-Fri, Nov 3-7, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$710; TBA
- M: Mon-Fri, Dec 1-5, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$710; TBA

*Prices may be subject to change due to the rising cost of fuel.*

## COMPREHENSIVE BEGINNER'S PACKAGE

- 17 hours of innovative classroom instruction
- 10 hours of one-on-one, in-vehicle instruction
- Road test booking (fee is extra and payable to license agency)
- Vehicle rental for road test

**Course ID: FC 0321**

- E: Mon-Fri, May 12-16, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; B356
- F: Mon-Fri, June 9-13, 5:15 pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; B356
- G: Mon-Wed, July 7-9, 10:00 am-4:30pm (exc Wed, 11:00am-4:30pm), \$740; B356
- H: Mon-Thu, July 7-10, 5:00 pm-9:30pm, \$740; B356
- I: Tue-Thu, Aug 5-7, 11:00am-5:30pm (exc Thurs, 11:00am-4:30pm), \$740; B356
- J: Mon-Fri, Sep 8-12, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA
- K: Mon-Fri, Oct 6-10, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA
- L: Mon-Fri, Nov 3-7, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA
- M: Mon-Fri, Dec 1-5, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA

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